



# HAPPINESS



## AUGUST 2017 CLASS CALENDAR

\*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> 2:00-3:15p Body and Brain Optimization w/Kimi Morton and Pus Pakele & Cabot
<b>6</b> 2:00-3:00p <b>How to Be Happy When You No More Money w/ Alice Inoue</b> 3:30-4:00p Happiness Talk w/ Alice Inoue (Free)	<b>7</b> 6:30-8:00p Mindfulness Meditation w/Max Gin	<b>8</b>	<b>9</b>	<b>10</b> 6:00-6:30p Happy Half Hour: Simple Feng Shui Moves for an Immediate Energy Shift w/Alice Inoue	<b>11</b>	<b>12</b> 2:00-3:15p Homeopathy for Dogs w/Janis Goto
<b>13</b> 2:00-3:00p <b>Mind Yoga for Flexible Thinking w/Alice Inoue</b>	<b>14</b> 6:30-8:00p Mindfulness Meditation w/Max Gin	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> 2:00-3:15p Ask Your Guides w/ Dalybeth Reasoner
<b>20</b> 2:00-3:00p <b>Set Goals, Not Resolutions w/Alice Inoue</b>	<b>21</b> 6:30-8:00p Mindfulness Meditation w/Max Gin	<b>22</b> 6:00-6:30p Happiness Talk w/ Alice Inoue (Free)	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> 2:00-3:00p <b>Astrology for the Soul w/Alice Inoue</b>
<b>27</b> 2:00-3:00p Get What You Want, Now w/Heather Patterson	<b>28</b> 6:30-8:00p Mindfulness Meditation w/Max Gin	<b>29</b>	<b>30</b> 6:00-6:30p Happy Half Hour: Get Unstuck w/Alice Inoue	<b>31</b>		
			Members free to Member Events. Guests welcome at \$25.  Class fees range from \$20-\$30.	NOTE: Registration is required at least 24 hours in advance for all classes. Class may be cancelled if there are no registered attendees, or minimum number of attendees not met. Walk-ins, please email <a href="mailto:smile@yourhappinesu.com">smile@yourhappinesu.com</a> to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: <a href="http://YourHappinessU.com">YourHappinessU.com</a>

NOTE: This calendar is subject to change and may be outdated. Check [YourHappinessU.com](http://YourHappinessU.com) for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at [YourHappinessU.com](http://YourHappinessU.com) [smile@yourhappinesu.com](mailto:smile@yourhappinesu.com)