



HAPPINESS



JULY 2017 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 2:00-3:00p Holistic Care for Your Dog, Cat, & Yourself (Part 2) w/ Janis Goto
2 2:00-3:00p How to Reprogram Yourself Subconsciously w/ Alice Inoue	3	4 Fourth of July	5	6 6:00-6:30p Happiness Talk w/ Alice Inoue (Free)	7	8 2:00-3:00p What's Up Astrologically? w/Alice Inoue
9 2:00-3:00p Taking Care of Yourself w/Candace Thoth	10 6:30-8:00p Mindfulness Meditation w/Max Gin	11 6:00-6:30p Happy Half Hour: Clear Your Clutter Inspiration w/ Alice Inoue	12	13	14	15 2:00-3:00p Ho`oponopono w/ Dalybeth Reasoner
16 2:00-3:00p Movie Afternoon (Private Member Event) w/ Alice Inoue	17 6:30-8:00p Mindfulness Meditation w/Max Gin	18	19	20	21 7:30-8:30p Guest Speaker: Vivian Best - Movement Strategies to Improve Self-Image, Posture, & Function of the Body (Free)	22 2:00-2:30p Happiness Talk w/ Alice Inoue (Free)
23 2:00-3:15p Letting Go of Old Behaviors & Embrace the Now w/Dr. Chad Sato 3:45-4:45p It's Time for an Energy Check w/Alice Inoue	24 6:30-8:00p Mindfulness Meditation w/Max Gin	25	26 6:00-6:30p Happy Half Hour: Clear Your Mind Meditation Tips w/Alice Inoue	27	28	29
30	31 6:30-8:00p Mindfulness Meditation w/Max Gin		Members free to Member Events. Guests welcome at \$25. Class fees range from \$20-\$30.	NOTE: Registration is required at least 24 hours in advance for all classes. Class may be cancelled if there are no registered attendees, or minimum number of attendees not met. Walk-ins, please email smile@yourhappinessu.com to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinessu.com