



HAPPINESS

FEBRUARY 2017 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 6:00-6:30p Happy Half Hour: Feeling Stuck? Let's Get That Stagnant Energy Shifted wAlice Inoue	2 5:30-7:00p Grand Opening in SALT Barn (Free Event) 7:30-9:00p Increase Your Deserve Level w/Dr. John Demartini in SALT Barn (Free Talk)	3	4
5	6 5:30-7:00pm Mindfulness Meditation w/Max Gin	7	8	9	10 7:30-9:00p 2017: The Year of Initiation: Flourish in the Age of Acceleration w/Alice Inoue (at Macy's Ala Moana)	11 2:00-2:30p Happiness Talk w/ Alice Inoue (Free Talk) 3:00-4:00p Body Idioms - Learning to Understand Why We Say What We Say w/Dr. Chad Sato
12 1:30-2:30p Discover the World of Love Languages w/Alice Inoue	13 6:30-8:00pm Mindfulness Meditation w/Max Gin	14	15 6:00-6:30p Happiness Talk wAlice Inoue (Free Talk)	16	17	18 2:00-3:00p Make Your Affirmations Magical & Effective w/Alice Inoue
19	20 6:30-8:00pm Mindfulness Meditation w/Max Gin	21	22	23	24 7:30-8:30p Mind/Brain Science & Negativity Bias w/Max Gin (Free Talk)	25 2:00-3:00p All About "Adam": The Male Brain w/Dalybeth Reasoner
26 1:30-2:30p Get on Track with Universal Laws w/Alice Inoue 3:00-4:00pm Say Aloha to Conflict w/Heather Patterson	27 6:30-8:00pm Mindfulness Meditation w/Max Gin	28 6:00-6:30p Happy Half Hour: Escape the Worry Trap wAlice Inoue				
			Members free to Member Events. Guests welcome at \$25. Class fees range from: \$20-\$30	NOTE: Registration is required at least 24 hours in advance for all classes. Class may be cancelled if there are no registered attendees, or minimum number of attendees not met. Walk-ins, please email smile@yourhappinesu.com to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinesu.com